

## WICHITA HIGH SCHOOL EAST



# IB NEWSLETTER



VOLUME 2, NEW SERIES ISSUE 1 OCTOBER 2009

### *FROM IBPA PRESIDENT BETSY REDLER*

The IB Parent Association is back to work! Exactly, who are the members of the IB Parent Association? Every person who has a student enrolled in the International Baccalaureate Diploma Program is a member of the IB Parent Organization. One of the top priorities of the IBPA is to provide financial assistance for those who need help paying IB testing fees. Last year we were able to grant almost \$1,900 to help families pay for testing fees. We also provide classroom supplies and enrichment materials not funded through traditional

methods; just under \$5800 was approved last year to fund materials and supplies requested by our IB teachers. The need will be great again this year.

If you have not yet made a donation, please consider doing so. Our goal is for 100% of our parents to make a gift. The amount does not matter; what matters is that you give. A contribution of \$5, \$10, or \$20 makes a significant impact when everyone sends in a donation. Turn the page to find a handy form on p. 2 for you to clip out and mail in with your contribution.

Many thanks to the parents who have already made a donation and volunteered (p. 3). We are gearing up for our annual faculty luncheon on Friday, October 16.

East is a fabulous place, providing one of the best college preparatory educations available in our region. And you will find other IB parents to be a wonderful support system. As parents, we all want the same thing: a happy successful child! Please join me in thanking our administrators, faculty, and staff for creating a world-class opportunity for our children.

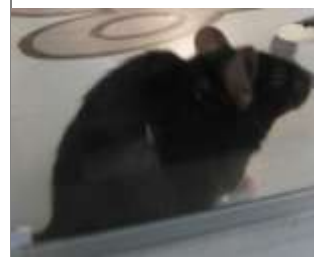
### *FROM IB COORDINATOR STEVEN SHOOK*

As the 2009-2010 school year gets into full swing, I have to say that I am a fortunate person to be at East High. Being the coordinator of the IB program makes it just that much better. Now, with a full year of experience under my belt, I have new ideas about priorities and areas of focus for our IB program.

One of the big items on the minds of students and faculty alike is the Extended Essay. Last spring, I decided, together with staff input, to make adjustments to our internal timelines and procedures. My concern was driven by consistently poor scores for the EE, as well as by our desire to make the Extended Essay a more meaningful and timely experience. We began with a revised timeline. The rough draft date was moved to the **early fall from May, as in previous years. We also initiated the use of a "prospectus" on the front-end of the process to help establish the foundational concepts for a more purposeful essay. We will continue to monitor the quality of Extended Essays this year and make additional adjustments to how we facilitate them in the future.**

CAS has evolved this year as well – not as a result of an East High initiative, but rather as a result of changing IB requirements (see p. 4). The bottom line is

*Continued on p. 7*



*Off to a great start! See this year's Rat Race results on p. 3.*

*The IB Newsletter is available to all IB families and is published every October, February, and May. Material should be addressed on or before*

*September 15, January 15, and May 5 by email to Mary Shepard, shepardsteiner@aol.com*

*IB NEWSLETTER EDITORIAL BOARD*

*Mary B Shepard, Editor  
Betsy Redler, IBPA President  
Steven Shook, IB Coordinator*

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Find us on the Web!  
<http://east.usd259.org/ib/newsletter/index.html>

## *FOLLOW THE MONEY*

The IB Parent Association exists to promote the interests of the students enrolled in the IB Diploma Programme by remaining informed about IB programme goals, objectives, and activities. To that end, we work to secure financial support to benefit the students, faculty, and staff in the International Baccalaureate Programme. The IBPA does not sponsor any product-based fundraisers, but asks IB parents to contribute. Our funding comes strictly from your donations! IBPA places a top priority on financial aid to any student who needs assistance with payment of the IB test fees. Last year, IB Parents donated nearly \$6000, which supported 24 teacher requests and several student test fees. Our goal this year is for 100% parent participation. Whether your gift is \$5 or \$500, we appreciate and value all donations. If you have not already done so, please complete the form below, clip it, attach your check, and mail it to the IB Office, listed below. *Thank you!*

So far in the 2009-10 academic year, the IB parent association has funded:

- IB Newsletter
- Supplementary book on research methods in psychology
- Supplementary materials for World History
- Recorded lecture series on understanding music
- Lighting design templates for HL/SL Theatre Arts
- US AP History skill books
- Labtech headsets with microphones for French classes
- Two TI-84 calculators for students to check-out on an as-need basis

CLIP & MAIL CONTRIBUTION FORM

IB PARENT ASSOCIATION

NAME \_\_\_\_\_

(Preferred Listing)

ADDRESS \_\_\_\_\_

TELEPHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

CHILD'S NAME & GRADE \_\_\_\_\_

Method of Payment: (circle one)

Check/VISA/Mastercard

Name as it appears on card \_\_\_\_\_

Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_

I/my spouse/partner work(s) for a company that matches charitable contributions. I have enclosed the requisite forms here, together with my donation.

Mail to: IB Parent Association, c/o IB Office, East High School; 2301 E. Douglas; Wichita, KS 67211

*THE RAT RACE @ THE BIG DO ON SEPTEMBER 3*

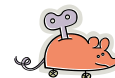


*Tension and excitement mount as one of the mice spies hole number 3*

**THANK YOU TO THE RAT RACE WRANGLERS!**

- Brent Anderson
  - Cristy Anderson
  - Joe Camenzind
  - Veronica Carnahan
  - Shannon Carnahan
  - Tammy Kenagy
  - Robert Kenagy
  - Laura Kilgour
  - Nancy LeCompte
  - Dee Marsh
  - Deirdre O'Farrell
  - Mary Shepard
  - Hope Steiner
  - Karen Steinmetz
  - Brian Whepley
  - Cal Wiebe
  - Kim Gee Vines
  - Jay Voncannon
- And, last but not least, Scott Redler — for loading and unloading the stuff out of a certain garage attic!

*WHY A RAT RACE? Why not a rat race! The IB program is a rigorous college-preparatory program. Our students work hard juggling academics, extracurricular activities, and community service hours. By sponsoring a "rat race," we thought it would be a tongue-in-cheek way to draw attention to the IB Parents Association at the Big Do. This year's race raised \$161.75, which will go directly to support IB students and faculty. Our teachers and students work hard; let's have some fun along the way!*



GIFTS TO THE IBPA FUND TO-DATE	PLEASE COME TO AN IBPA MEETING!																																												
Carolyn & David Blackmore Lindy Courington Corrine & Clifford Depew Tammy & David Doyel Gretchen Fox Lou Ann & Dwain Heady Tammy & Rob Kenagy Rhonda & Sean Kress Shreeja Kumar Denise McIntire Mr. & Mrs. J. Papadatos Robin & Brian Pressnall Glyn Rimmington Lori & Macen Shinsato Roxann & Rick Steelsmith Karen Steinmetz Cindy & Miles Thompson Karen & Ted J. Vlamis Nancy & Cal Wiebe Sandra Williams Trish & Darrell Youngman	<table border="0"> <tr> <td>September 17</td> <td>IBPA Meeting</td> <td>C204</td> <td>1:00 pm</td> </tr> <tr> <td>October 15</td> <td>IBPA Meeting</td> <td>C204</td> <td>1:00 pm</td> </tr> <tr> <td>October 16</td> <td>Faculty/Staff Appreciation Luncheon</td> <td></td> <td>11:00 am</td> </tr> <tr> <td>November 19</td> <td>IBPA Meeting</td> <td>C204</td> <td>1:00 pm</td> </tr> <tr> <td>December 10</td> <td>IBPA Meeting</td> <td>C204</td> <td>1:00 pm</td> </tr> <tr> <td>January 21</td> <td>BPA Meeting</td> <td>C204</td> <td>1:00 pm</td> </tr> <tr> <td>February 18</td> <td>IBPA Meeting</td> <td>C204</td> <td>1:00 pm</td> </tr> <tr> <td>March 25</td> <td>IBPA Meeting</td> <td>SSI</td> <td>1:00 pm</td> </tr> <tr> <td>April 15</td> <td>IBPA Meeting</td> <td>C204</td> <td>1:00 pm</td> </tr> <tr> <td>May 13</td> <td>IBPA Meeting</td> <td>C204</td> <td>1:00 pm</td> </tr> <tr> <td>May 16</td> <td colspan="3">Tentative date for IB Senior Recognition</td> </tr> </table>	September 17	IBPA Meeting	C204	1:00 pm	October 15	IBPA Meeting	C204	1:00 pm	October 16	Faculty/Staff Appreciation Luncheon		11:00 am	November 19	IBPA Meeting	C204	1:00 pm	December 10	IBPA Meeting	C204	1:00 pm	January 21	BPA Meeting	C204	1:00 pm	February 18	IBPA Meeting	C204	1:00 pm	March 25	IBPA Meeting	SSI	1:00 pm	April 15	IBPA Meeting	C204	1:00 pm	May 13	IBPA Meeting	C204	1:00 pm	May 16	Tentative date for IB Senior Recognition		
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## *CAS: is it the SAME or is it DIFFERENT?*

*By Steven Shook*

Philosophically, CAS is the same as in years past. CAS still stands for “Creativity, Action, and Service.” IB still expects students, outside of their academic endeavors, to invest time and energy in the community around them. IB continues to promote *internationalism* throughout the program, and CAS is viewed as an important avenue for acting on this global awareness.

The difference is in how students account for their CAS participation. In the past, CAS involved the counting of hours throughout the junior and senior year, ultimately accumulating a minimum of 150 hours of time. In the new system, the time criteria is not really a point of focus (and accordingly is no longer a requirement), but now what is most important is what the students are doing and the role they play in their projects.

IB has identified 8 CAS learner objectives, each of which needs to be incorporated into the various projects students pursue. Students are still expected to “reflect” on their experiences and report on these experiences in some manner. In the past, reflection was accomplished by students responding to multiple “reflective prompts” on paper and saving it in the student’s CAS folder. Student reflections can still be submitted in written form, but they can also take the form of audio or video recordings, PowerPoint presentations, or other tools of communication.

The 8 objectives that students need to address in CAS, can be summarized as follows:

- Increased their awareness of their own strengths and areas for growth
- Undertaken new challenges
- Planned and initiated activities
- Worked collaboratively with others
- Shown perseverance and commitment in their activities
- Engaged with issues of global importance
- Considered the ethical implications of their actions
- Developed new skills

Students will be expected to apply more intentional planning with respect to their CAS projects. Students are expected to remain involved over the course of 11<sup>th</sup> and 12<sup>th</sup> grades with CAS projects, even if they “check off” all 8 objectives in the first year. Students are also expected to take the lead on a project that relies upon teamwork and reflects at least 2 of the 3 areas: Creativity, Action, and Service. Students will be expected to be involved in a minimum of 4 projects each year.

To keep things simple for the time being, CAS for 9<sup>th</sup> and 10<sup>th</sup> grade students will stay pretty much the same as in the past. Students will still focus on community service and the accumulation of 25 hrs each year. Celeste Hutton is the CAS advisor for 9<sup>th</sup> & 10<sup>th</sup> grade students this year. [chutton@usd259.net](mailto:chutton@usd259.net)

Linda White will be the upperclassmen advisor for CAS and will work with Steve Shook throughout the year as we refine the new process to meet both student needs and the expectations of IBO. [lwhite1@usd259.net](mailto:lwhite1@usd259.net)

For Students To Get Started, go to [www.eastib.eduspoke.com](http://www.eastib.eduspoke.com)

Select to “login,” then choose to begin a “new acct”

User name – use your 6-digit student ID number

Password – use your first name (if your password is reset, use your first name as listed in eSIS, not your common name, nickname, or preferred name) The other information is self-explanatory (“surname” is your last name). A registration link will be emailed to you – follow the instructions provided in the email to gain access to the course listing.

**Seniors must ENROLL in “CAS 2010”; Juniors in “CAS 2011.”** Ignore the link for “EE 2010”; it is a testing platform for future EE projects. Once you are enrolled, you can access documents and submit your completed forms. FOR THINKING OUTSIDE THE BOX: Students will notice a link for “multimedia support documentation.” Encourage your student to experiment with Mr. Shook to see how that process functions and what the limitations might be (size for one). Here’s a chance to collaborate to create a new way to submit reflections on CAS activities and to make a difference for future IB students.

## *NEW TEACHERS IN PIB AND IB PROGRAMS*

Shelby Griffith is in her third year of teaching at East High. She previously taught in Holbrook, Arizona, for four years. Ms. Griffith graduated from Tabor College, where she majored in Mathematics. At East, she teaches Algebra and Algebra 2, as well as coaches softball. A fun-fact about Ms. Griffith? She likes to ride motorcycles.

Elizabeth Stranathan comes to East High from Nixa, Missouri, where she taught French, Spanish, and English as a Second Language for seven years. A graduate of Drury University, Mme. Stranathan worked as an English Assistant in Limoges, France, in 2001-02. She already has plans for introducing new technology into her French classroom. Be advised: Mme. Stranathan has a Black Belt in Tae Kwon Do. *Faites Attention!*

Hans Widener is in his third year of teaching at East High school. A graduate of East High, Mr. Widener reports that it feels great to be back at his alma mater. He graduated with a double major in history and government from Wichita State University. In addition to teaching Pre-IB World History, Mr. Widener also teach Honors U.S. History 1 and coaches girls' golf. "I have really enjoyed the first few weeks of class with the IB freshmen," Mr. Widener says, "and look forward to the rest of the year."

## A WORD TO THE WISE: FEEDBACK FROM LAST YEAR'S FRESHMEN

### **One thing I finally figured out is...**

*Procrastination is bad*

*You won't need to study as much if you focus while doing your homework*

*To ask for help from a teacher, friend or counselor, just ask*

*Organization is key to success in this program. I actually cleaned my room and binders and backpack, and all my grades came up!*

*You're not always going to get A's*

*Homework does actually pay off*

*That each teacher has a unique way of teaching, and you need to learn to relate to all of them*

*Doing your best is better than being the best*

### **If I could do one thing differently this year as a PIB student, I would...**

*Get all my homework done before I go to bed— procrastinating until the morning hurts more than it helps*

*Relax a little more*

*Realize sooner that it's not possible to do everything East has to offer (know your limits)*

*Stayed on track for second semester and kept the same pace*

*Study more and put more effort into homework*

*Make sure I made up missing work from absences ASAP and communicate with teachers better*

*Start to review and study for tests earlier*

*Take my work more seriously*

*Ask more questions*

*JOURNEY TO COLLEGE*

IB Counselor Matt Gallagher recently compiled a list of colleges and universities selected by Wichita East IB students for the past six years. Both he and Ms. Fry encourage IB juniors/seniors and their parents to consult this list as they explore their own college choices.

American University (DC)	<b>The King's College (NY)</b>	U.S. Military Academy at West Point (NY)
Arizona State University	Kansas State University	U.S. Naval Academy (MD)
Arkansas State University	Lewis & Clark College (OR)	University of Arizona
Babson College (MA)	Loyola University of Chicago (IL)	University of California – Berkeley
Ball State University (IN)	Louisiana State University	University of California – Irvine
Baylor University (TX)	Lyon College (AR)	University of California – L.A.
Beloit College (WI)	Macalester College (MN)	University of Chicago (IL)
Bethany College (KS)	Manhattan Christian College (KS)	University of Guadalajara (Mexico)
Bethel College (KS)	Massachusetts Institute of Technology	University of Illinois
Boston University (MA)	McDaniel College (MD)	University of Kansas
Brigham Young University (UT)	Michigan State University	University of Miami (FL)
Brown University (RI)	MidAmerica Nazarene Univ. (KS)	University of Michigan
Bryn Mawr College (PA)	Missouri State University	University of Minnesota
Butler Co. Community College (KS)	Northland College (WI)	University of Missouri – Columbia
California State Univ. — Fullerton	New York University (NY)	University of Missouri – Kansas City
Carleton College (MN)	Newman University (KS)	University of Nebraska – Lincoln
Case Western Reserve (OH)	North Park University (IL)	University of New Mexico
Clemson University (SC)	Northern Arizona University	University of North Carolina
Coe College (IA)	Northwestern University (IL)	University of Oklahoma
College of William and Mary (VA)	Oberlin College (OH)	University of Pennsylvania
Colorado College (CO)	Occidental College (CA)	University of Pittsburgh (PA)
Columbia University (NY)	Oklahoma Baptist University	University of Rochester (NY)
Cornell University (NY)	Oklahoma City University	University of Richmond (VA)
Denison University (OH)	Oklahoma State University	University of San Diego (CA)
DePaul University (IL)	Portland State University (OR)	University of Southern California
Drake University (IA)	Princeton University (NJ)	University of Texas – Austin
Drury University (MO)	<b>Queen's University (Canada)</b>	University of Texas – Dallas
Emerson College (MA)	Reed College (OR)	University of Tulsa (OK)
Emory University (GA)	Rice University (TX)	University of Washington
Fort Hays State University (KS)	Rockhurst University (MO)	University of Wisconsin
Friends University (KS)	St. Olaf College (MN)	University of Wyoming
Goshen College (IN)	Seattle Pacific University (WA)	Vassar College (NY)
Harvard University (MA)	Southwest Baptist University (MO)	Virginia Military Academy
Hebron University (Palestinian Territories)	Stanford University (CA)	Wake Forest University (NC)
Howard University (DC)	Swarthmore College (PA)	Washington & Lee University (VA)
Illinois Institute of Technology	Texas A & M	Washington University (MO)
Indiana University	Texas Christian University	Wellesley College (MA)
JamesRiver Leadership College(MO)	Thomas Aquinas College (CA)	Whitman College (WA)
Johns Hopkins University (MD)	Transylvania University (KY)	Wichita State University (KS)
Kalamazoo College (MI)	Truman State University (MO)	William Jewell College (MO)
Kansas City Art Institute (MO)	U.S. Air Force Academy (CO)	Williams Baptist College (AR)
Knox College (IL)	U.S. Coast Guard Academy (CT)	Yale University (CT)

## IB @ East

Ken Thiessen, Principal

Steven Shook, IB Coordinator

Matt Gallagher, IB Counselor

Jennifer Fry, College Advisor

Celeste Hutton, 9<sup>th</sup> & 10<sup>th</sup>  
grade CAS AdvisorLinda White, 11<sup>th</sup> & 12<sup>th</sup> grade  
CAS Advisor

Tina Peterson, IB Secretary

IB Office: 973-7289

Web site: [http://  
east.usd259.org/ib/](http://east.usd259.org/ib/)*From SteveN Shook, continued from p. 1*

that students now need to address specific CAS learning outcomes, document their activities, and most importantly, submit the information online. Please be sure to review the details on p. 4, but I suspect the CAS requirement will take on a bit of a more practical and meaningful tenor than in years past.

I appreciate the volunteerism and enthusiasm so many of the IB parents have demonstrated already this year. I view my job as a coordinator, one that helps rally and bring together all the resources available to see our students through to the next level. I **can't do it alone and even though Mr. Gallagher and Ms. Peterson are phenomenal co-workers**, we still need the help and involvement of our IB parents to keep this program moving forward. So I ask you to lift up a glass of the beverage of your choice and make a toast to a super 2009-2010 school year!

***AND LAST BUT NOT LEAST!***

IB Senior Recognition for the Class of 2009 took place this past May 17. This ceremony honors our graduating seniors with the presentation of their IB stoles, which they wear over their gowns at graduation. The IB Parent Board helps with planning, decorating, and providing a reception for the seniors and their families. Following the reception, the Class of 2009 presented their own talent show. Thank you to Brent Anderson and Laura Kilgour for co-chairing this event and to Jane Camenzind, Laura Kilgour, and Elizabeth Wilkes for making the phone calls to organize the many volunteers. Those that helped at the reception included Brent and Cristy Anderson, Chong Auerbach, Jane and Joe Camenzind, Gretchen Fox, Elaine Janusz, Laura Kilgour, Will Klunder, Diane Kristek, Dee Marsh, Lori Richey, Lori Shinsato, Marcia Werts, Elizabeth Wilkes, and Jan Wolcutt. Thanks to Lori Richey and Valerie Lewallen for special food donations, as well as the many volunteers that baked goodies to be served at the reception.

## BOARD OF DIRECTORS 2009-2010

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Nancy LeCompte, Treasurer	nancylo@cox.net	685-8985
Brent Anderson, Senior Representative	brentcristy@cox.net	821-9913
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Elizabeth Wilkes, At-Large	elizabeth.a.wilkes@gmail.com	686-2054
Nancy Hwang, At-Large	nancywhwang@yahoo.com	636-8959
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IB Parent Association  
c/o IB Office, East High School  
2301 E. Douglas  
Wichita, Kansas 67211

Did you know the IB Newsletter is archived on the Web?  
“There’s gold in them-there archives!” Check it out: Web site: <http://east.usd259.org/ib/> and  
click the Newsletter heading.

Also please visit the IB Web site and take the 5-year evaluation survey. *Thank you!*

IB DATEBOOK 2009

Progress Reports: September 30

Parent-Teacher Conferences (4:00 pm – 7:00 pm): Sept. 30 & Oct. 1

EE Final Copy (before school starts): October 5

National Merit Semi-Finalist Recognition: October 9

Homecoming FB Game @ South: October 9

Homecoming Dance @ Beech: October 10, 8—11 PM

PSAT & ACT Plan/Explore Testing: October 14

College Folders Due (Mr. Gallagher & Ms. Fry): October 20

First 9-Week Report Card: October 21

IB Exam Registration Fees Due: October 30